



Cognitive Rehabilitation Therapy

FOR PROFESSIONALS

A WORKSHOP HOSTED BY IPH / PROACTIVE

**FACILITATORS: KIT MALIA
 ANNE BRANNAGAN**

DATE: 15-16 MARCH 2016

**VENUE: MERCURE HOTEL
 8 CUSTOMS ST EAST
 AUCKLAND CITY**

TIME: 8.45am for 9.30am start

**COST: \$700 incl. GST (early bird by 31/1/16)
 \$800 incl. GST (after 31/1/16)**
Includes welcome tea/coffee, morning tea,
lunch and afternoon tea

TO REGISTER: Complete attached form and email to:
workshop@iphltd.co.nz
OR
Go to www.proactive4health.co.nz/workshops or
www.iphltd.co.nz to download the registration form.

Please note places are limited and will be on a first come basis.
For further information, please contact **Jan Henry 021 702 558**.



IPH / PROACTIVE ARE PLEASED TO HOST:

Cognitive Rehabilitation Therapy

15-16 March 2016 | Registration from 8.45am | Mercure Hotel, 8 Customs St East, Auckland

REGISTRATION

Yes! I would like to attend the Cognitive Rehabilitation Therapy Workshop

WORKSHOP TIME: 15 March 2016 9.30am – 4.00pm
16 March 2016 9.30am – 4.00pm

COST: **\$700 incl. GST** (early bird by 31/1/16)
(please circle) **\$800 incl. GST** (after 31/1/16)

VENUE: Mercure Hotel
8 Customs St East, Auckland City

Name

Address

Company/Organisation

Email Phone

Method of payment: **Direct Credit** **Cheque**

CONTACT DETAILS

Email/post/fax registration forms/payments to
PO Box 108-147 | Symonds St | Auckland 1150
Phone (09) 638 7501 | Fax (09) 638 7506
Email workshop@iphltd.co.nz

PAYMENT DETAILS

Please make cheques payable
to Proactive
Direct Credit: Proactive
02-0500-0815812-00
Reference: WKS116 [Name]

Course Description

'The cognitive deficits of traumatic brain injury are the most handicapping. Therefore, an efficacious method of ameliorating these deficits is, and will be, a core component of any truly effective rehabilitation approach' Nathan Cope (1995)

This two day interactive workshop is suitable for professionals working with adults who have cognitive problems following brain injury. The course focuses on practical activities that can be used in the rehabilitation of attention, visual processing, information processing, memory and executive functions.

AIMS

- To extend skills and knowledge about cognitive rehabilitation therapy.
- To introduce materials that can be used to develop cognitive skills.
- To provide practical activities to take away and use with clients/patients.

COURSE CONTENT

HOW DOES THE BRAIN WORK?

What does the brain do? Anatomy of the brain. What is a brain injury? Common problems.

PRINCIPLES OF CRT:

What is cognition? What is CRT? Making sense of cognition. The 5 cognitive modules. The 4 approaches to CRT. Metacognition. Keys to successful CRT. Teaching skills.

A MODEL OF ATTENTION:

What is attention? How is attention affected by brain injury? A practical model for attention.

4 APPROACHES TO CRT:

WHO model applied to CRT. Education, Process Training, Strategy Training, Functional Activities. Training in detail. Developing a new sense of self.

A MODEL OF VISUAL PROCESSING:

What is visual processing? How is visual processing affected by brain injury? A practical model for visual processing.

WHAT IS IT LIKE TO HAVE A BRAIN INJURY?

What is it like to have cognitive problems? Cognitive simulations. The link with behaviour problems.

HOW TO ASSESS COGNITIVE PROBLEMS:

Why do we assess. The 3 approaches to assessment. Assessing: attention, visual processing, memory and executive functions. Clinical reasoning skills. Setting SMART goals.

A MODEL OF INFORMATION PROCESSING:

What is information processing? How is information processing affected by the brain? A practical model for information processing.

A MODEL OF EXECUTIVE FUNCTIONS:

What are executive functions? How are executive functions affected by brain injury? A practical model for executive functions.

HOW TO TREAT COGNITIVE PROBLEMS:

4 treatment approaches. General resources. Specific resources for each of the cognitive modules.

REFLECTIVE PRACTICE:

What are you going to do now?